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Vol. 137, Issue 44 – 1 Section, 8 pages

EMORY, TEXAS - THURSDAY, APRIL 18, 2024

PRICE 75¢

#### **RAINS COUNTY**

# Commissioners approve emergency bridge repairs



Albert Bahena, owner of Bahena Construction Co., Inc., shows the progress of the replacement of a culvert which was washed away during a previous storm earlier this year.

By CHUCK FITTS Rains County Leader staff

The Rains County Commissioners Court declared emergency bridge repairs, approved overtime pay for employees and decided to rebid renovation of the Justice Center during the regular meeting on Thursday, April 11.

The court was presented with a declaration

for an emergency repair of a bridge on CR 1301. It was unanimously approved with funding for the project to be taken from contingency funds. The repair of the bridge on CR 1150 had to be tabled to a special meeting on Tuesday, April 16, before it was declared an emergency repair.

Commissioners unanimously approved overtime pay for county employees that worked additional hours due to the solar eclipse on Monday, April 8. They approved the overtime pay request from the sheriff's department in relation to supervision of an inmate during a hospital stay.

The court discussed the bids that the county had received on February 8 for reno-

see **COMMISSIONERS** on page 2

**RAINS ISD** 

### **Trustees** approve waivers for missed days

By CHUCK FITTS Rains County Leader staff

The Rains ISD Board of Trustees held a regular meeting on Monday, April 15, to approve missed day waivers, update high school cheer constitution and set a special meeting to officially hire a new superinten-

The meeting had been postponed a week due to school being closed for the eclipse on April 8.

The board was presented with three waivers for missed instructional days. The waivers were for the school being closed for bad weather on January 16, water issues in the city on January 18 and the eclipse on April 8. The waivers were unanimously approved by trustees to be submitted to the Texas Education Agency (TEA) for ap-

An updated constitution for the high school cheer team was brought before the board. The changes would remove demerits, allow suspended members to return with guidelines and adjust punishment for use of tobacco products/vapes, alcoholic beverages or illegal drugs. The changes were unanimously approved.

Joe Nicks was present for the meeting after being named the lone finalist for superintendent of Rains ISD. The board discussed and set a special meeting for Tuesday, April 30, at 8:00 a.m. to officially hire Nicks for the position.

Director of Curriculum/Instruction John Portwood presented the board with the schedule for English as a Second Language (ESL) summer school as well as instructional materials and TEKS Certification information for the upcoming school year. All were

see **RISD** on page 2

#### **CITY OF EAST TAWAKONI**

# East Tawakoni City Council takes action on code enforcement officer

**CHUCK FITTS** Rains County Leader staff

The City Council for East Tawakoni held a regular meeting on Tuesday, April 16, to consider action concerning the code enforcement officer, approve changes for city employees and table items.

During the meeting, the council considered action on the employment of Jeff Swaggerty as the city's code enforcement officer due to a complaint.

East Tawakoni Chief of Police Rick South explained the terms of Swaggerty's employ-

ment with the city, as approved by previous council and mayor, was that he would work 32 hours on weekends as a police officer and take care of code enforcement on an as needed basis. Any extra time on code enforcement outside his normal hours would be billed to the city at \$7.50 an hour.

"He's a full time police officer," South said. "Even in the agendas, it says that he assists with code enforcement. He was never a code enforcement officer."

Councilman Robert Thompson stated that he had talked to several former council members who remember approving the agreement, but he has yet to find approval of the agree- He's just doing his job, that was all he was doment in any minutes of the city council.

"I believe the true issue here is that there was no documentation of how the hours were going to be charged except for verbal," councilwoman Kammi Garner said. "I, myself, say that we rehire him, but we have to put guidelines in place on how it will be charged."

The attorney for Swaggerty stated that they made an open records requests for the meetings, but "they weren't there. That was a very frustrating aspect of this."

"To a man, person after person said that was the agreement and Jeff just relied on that. ing," he continued.

The attorney noted that Texas Rangers were called in, investigated and took the case to a grand jury that declined any action.

Thompson asked about certain days that seemed to be billed to both East Tawakoni and Forney. South stated that he would have to look at timesheets for those days to provide a correct answer.

The attorney stated that everything Swaggerty had done was in good faith and based on

see **ET** on page 2

#### **SPOTLIGHT**

# Pam Shaw's "Bee's Shoppe" is in partnership with her family

By JUDY KRAMER Rains County Leader contributor

Bee's Shoppe opened in October 2023 in the building that used to be a car dealership at 146 N. Locust Street in Point. Pam Shaw's mother had talked about opening the Shoppe and provided special pieces and other supplies for it before she passed away in December 2022.

"While grieving I spent last summer pulling this Shoppe together and her spirit lives on through her art, and all that she supplied," said Shaw. "My family and I tried to honor her by placing her Life Verse, Isaiah 40:31, on our front win-

Shaw said that the Shoppe is a Christinspired Shoppe offering new and renewed gifts for home and garden, select her family was "strongly Christian." She

new and renewed/resale apparel, special honors first responders by offering them a teas and treats. She said that handmade art clean restroom, coffee, cheering up or a is provided by local vendors, there is a special section for children and a section said that the Shoppe catches a lot of traffic heading back and forth to Greenville for a quick gift and she has learned that customers really depend on the Shoppe for a quick baby shower or birthday gift that can save them hours of driving time.

Before moving to Point in 2016 to live on a portion of her children's acreage, Shaw worked in senior law enforcement administration positions in Allen, McKinney and Plano. She was born in Dallas and grew up in Garland. Her dad worked for the Richardson Police Department and

Shaw feels that God has made her life for men and local heroes such as police, and successful business what they are tofiremen, military, teachers and nurses. She day, and she has a spot where customers can leave prayer requests. She said that there was one time when her faith was

"My mother, daughter, sister and I went on a Carnival Cruise over ten years ago near Mexico when the power went out and the ship began to list," said Shaw. "There were more than 4,000 people on board and we had no electricity, food or working bathrooms and the ocean was rough. Lifeboats could not be lowered and a Mexican tugboat that arrived to help us

see **SPOTLIGHT** on page 3



Pam Shaw (right) with her daughter Ashli Corbin



City Girl: *The Eclipse* 

page 3

AgriLife: Controlling Sage Grass

page 4

Wildcat **Sports** page 8

#### Rain Report

Wed., Apr. 10	0.96 in.
Total for April	2.12 in.
	15 29 in

# Community outreach & organizations

ALCOHOLICS ANONYMOUS Emory - Tues. & Thurs. 7:00-8:00 p.m., Sat. 12:00-1:00 p.m., open meetings. Emory United Methodist Church Fellowship Hall. For info call 903-243-6766 or 903-439-7573

AL-ANON - Thurs., 7:00 p.m., Crossroads Al-anon Group, 103 N. Houston St., Edgewood, 903-896-7270

AMERICAN LEGION POST 156. Rabb Bro. Mem. Rains Co. -4th Mon., 5:15 p.m., 215 N. Duffy St., Emory, 903-438-6045. Buffet breakfast - 2nd Saturday 7:00-10:00 a.m.

ARBALA DANCE - Tues., 7:00 9:30 p.m., Arbala Community

CUB SCOUTS - 1st, 2nd, 4th Sunday, Masonic lodge 4:30 p.m. Email haywirewoman@gmail.com.

CELEBRATE RECOVERY every Tuesday, 6:30 p.m. Emory Baptist Church

**EAST TAWAKONI SENIOR CITIZEN GAME DAY** – every Wednesday, 9:00 a.m., 255 Oakleaf Trail.

EMORY LIONS CLUB - 1st and 3rd Tuesdays, 12:00 p.m. Dos Charros in Emory. Call for information 903-473-2311

FOOD BANK AT FREEDOM CHURCH OF GOD - 3rd Fri., 10:00 a.m.-12:00 p.m., 10830 FM 514, Emory. 903-473-2457

FRIENDS OF RAINS CO. PUBLIC LIBRARY - 3rd Thurs., 1:00 p.m., Meadows Cultural Center, Rains County Public

Library

LAKE COUNTRY NEIGHBORS -1st Thurs., 11:30 a.m., www.lakecountryneighbors.com

LAKE FORK BAPTIST CHURCH FOOD PANTRY - 2nd Tues., 1-4 p.m. 9483 W. FM 515, Alba

LAKE FORK CHAPTER OF THE WELL ARMED WOMAN - first Thursday, 4-7 p.m. at Winnsboro Gun Club, Winnsboro

TX. Sue Parrish 903-473-9819 LAKE FORK SPORTSMAN'S **ASSOC.** – 2nd Tues., 6:30 p.m. Lovell's Restaurant, Lake Fork

**EAST TAWAKONI CITY** 

3rd Tues., 7:00 p.m.,

2nd Tues., 7:00 p.m.,

Emory City Hall

Point City Hall

**RAINS COUNTY** 

**RAINS COUNTY** 

East Tawakoni City Hall

**EMORY CITY COUNCIL** 

POINT CITY COUNCIL

APPRAISAL DISTRICT

3rd Thurs. of every month,

Rains Tax Office at 12:00 p.m.

**COMMISSIONERS' COURT** 

2nd & 4th Thurs.. 10:00 a.m..

Rains County Courthouse

2nd Thurs., 6:45 p.m.,

COUNCIL

MARS HILL MASONIC LODGE #1440 - 4th Thurs., 6:30 p.m., Lodge on Hwy. 69

**NORTHEAST TEXAS DEMOCRATIC ALLIANCE -**4th Thurs., 6:00-7:30 p.m., Rose Community Center

PIECEMAKERS QUILT GUILD OF RAINS COUNTY – 3rd Mon., 7:00 p.m., AgriLife Extension and Conference Center

**POINT LADIES CIVIC CLUB** - 1st Thurs., 6:30 p.m., Point Community Center, 903-269-8446

**RAINS AMATEUR RADIO** ASSOCIATION 2nd Sat. of each month 9:00 a.m.

Emory Volunteer Fire Dept., **RAINS COUNTY CHAMBER** OF COMMERCE - 3rd Thursday, 5:30 p.m. Visitor's Center,

903-473-3913 RAINS GARDEN CLUB - 2nd Mon., 11:00 a.m., Scarbrough Haven, Email

RAINS COUNTY HISTORICAL **SOCIETY** – 3rd Mon., 6:00 p.m., Emory Development Corp.

TheRainsGardenClub@gmail.com

**RAINS COUNTY LIBRARY BOARD** – 4th Mon., 5:30 p.m., Feb., Apr., June, Aug., Oct., Meadows Cultural Center, Rains County Public Library

**RAINS COUNTY GOOD SAMARITANS** – Food Pantry open 1:00-4:00 p.m. Mon. & Thurs.

**RAINS COUNTY GENEALOGICAL SOCIETY -**3rd Sat., 1:00 p.m. Meadows Cultural Center,

Rains County Public Library STITCH AND LEARN QUILTING CLUB - Thurs., 9:00 a.m.-noon,

WOMEN'S SERVICE CLUB -2nd Mon., 6:00 p.m.,

Rose Community Center

Miracle Faith Baptist Church

903-598-3021

**GOVERNMENTAL AGENCIES** 

WOMEN IN NEED, INC. -A Battered Women's Shelter. Call 903-455-4612 or 903-454-HELP

**RAINS ISD SCHOOL BOARD** 

**RAINS COUNTY EMERGENCY** 

2nd Monday, 6:30 p.m.,

Rains ISD Board Room

**SERVICES DISTRICT #1** 

**RAINS COUNTY VETERANS** 

5:00 p.m., 110 E. North St.

**RAINS COUNTY ROAD &** 

903-473-5099 or 5098

Open Mon.-Fri. 7 a.m.-4 p.m.

Mon., Tues. and Thurs., 8:00 a.m. -

To schedule a ride Call 903-474-

3rd Monday, 6:30 p.m.,

**Emory Fire Station** 

**SERVICE OFFICE:** 

TRANSPORTATION:

# **NEWS BRIEFS**

#### **Good Sam Clothes/ Thrift Shop Sales**

The Rains County Good Samaritan Clothes Shop will be open Monday-Thursday in the building behind the public library on Hwy. 69 in Emory. Hours for Mon.-Wed. are 8:00 a.m.-4:00 p.m., closed noon-1:00 p.m. Hours for Thursday are 8:00 a.m. - noon. Thrift sales will be open every Saturday in April from 8:00 a.m. - noon. Funds go to buy food for the needy and to operate the center.

#### **FOL Book Sale** Is Here!

The Friends of Rains County Library Spring Book Sale Event begins tomorrow, April 19! The event will once again be at the Rose Community Center, 239 E Quitman St. on Friday, April 19 from 9:00 a.m. to 5:00 p.m. and Saturday, April 20 from 9:00 a.m. to 2:00 p.m. Don't miss this sale where you can stock up on plenty of beach read by your favorite authors for those summer vacations. For the best selection, come early on Friday, and for the best bargains, come on Saturday.

#### **Rains County Democratic Party** Meeting

The Rains County Democratic Party meeting will be held at 5:30 p.m. on Thursday, April 25, at the Rose Community Center, 239 E. Quitman Street in

#### **Am. Legion Dinner** Sat., April 27

Rabb Brothers Memorial American Legion Post #156 will offer a dinner with desserts and drinks on Saturday, April 27, from 4:00-7:00 p.m. at the Post

home at 215 N. Duffy St. in Emory. Takeouts are offered. Payment is by donation, which goes towards the upkeep of the home and for veterans' projects.

#### **Daugherty Cemetery Memorial** Day May 5

The Dougherty Cemetery Association will meet on Sunday, May 5, at 11:00 a.m., on the cemetery grounds under the pavilion. After a devotional and business meeting, there will be dinner on the grounds under the trees. If you are unable to attend, donations may be mailed to Dougherty Cemetery Association, 1736 W FM 2795, Emory, TX 75440.

#### **Lone Star Cemetery Annual Meeting May 5**

The annual meeting of the Lone Star Cemetery Association will be held on May 5, at 2:00 p.m., at the Point Community Center. A large turnout would be great, but if you are unable to attend, donations are always welcome to keep the cemetery maintained.

#### A Matter of Balance **Program To Run** April 1 – May 20

Do you have concerns about falling? A Matter of Balance is an award-winning program designed to manage falls and increase activity levels. Join us every Monday from April 1 – May 20 from 10:00 a.m. to 12 noon at the Rains County AgriLter, 410 Tawakoni Dr. (Hwy. 276), Emory. For additional information or to register, call 903-473-4580.

## What should you know about long-term care?

We all hope to remain healthy absorb the risk and potential and independent throughout our costs of care personally, but this



BRANDON ROBERTS Edward Jones Financial Advisor

type of longcare,

The median annual cost for a the premiums may be. home health aide's services is it's more than \$100,000 per year for a private room in a nursing home, according to Genworth, an insurance company. Medicare own life. usually pays very little of these

costs? You could choose to

lives - but life can be unpre- may require substantial funds dictable. If you and planning. Also, it may be ever need some difficult to know how much money you'd need.

As an alternative, you could would you be choose to transfer the risk by financially pre- purchasing long-term care insurance. This can be beneficial, but Long-term it also can be expensive, care can be although the earlier you purquite costly. chase this coverage, the lower

In any case, by being aware of more than \$60,000 per year, and the potential need for long-term care, its cost and the ways of paying for it, you can make the decisions appropriate for your

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Earl Hill III

Chuck Fitts

**CLASSIFIED SALES** Lea Reed

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be used once in each row, once in each column, and once in each of the 3x3 boxes. Visit www sudokuoftheday.com for further tips and help about how to play - and good luck!

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#### **COMMISSIONERS**

**Continued from page 1** 

vating the Justice Center. As the the ARPA status report from did not include all the additional renovations needed for the building, they unanimously approved the motion to reject the bids and go out for new bids to renovate the building.

The auction of surplus property of the county had to be tabled as the county attorney and clerk's office had items that they would like included.

The court unanimously accepted the certificate of training for David Harvey, the com- in the courtroom of the Rains bining of two lots in the Barefoot Boys addition and entered

bids were over 30 days old and GrantWorks into the meeting

In a special meeting on Tuesday, April 16, commissioners approved the payment for repairs of the transmission in a 2020 Chevrolet Tahoe for the sheriff's department.

All commissioners were present for the regular meeting. The Rains County Commissioners Court has scheduled their next regular meeting for

Thursday, April 25, at 10:00 a.m. County Courthouse.

#### RISD

Continued from page 1

unanimously approved trustees.

Board members looked over a COVID Learning Acceleration Supports (TCLAS) - Elementary and Secondary School Emergency Relief (ESSER) grants. They were informed that remaining funds would need to be spent or returned to the government so a plan for distribution of the remaining funds will be presented to the board at a later date.

Trustees approved out-of- building.

state travel for students to attend the National Educators Rising Conference in Washington, report on the use of Texas D.C., read into the minutes all continuing education hours for board members and approved revisions to the Policy DEC(LO-CAL).

Heath Sisk was not present for the regular meeting.

The next meeting of the Rains ISD board of trustees is scheduled for Monday, May 13, at 6:30 p.m. in the boardroom of the Rains ISD Administration

#### ΕT

Continued from page 1

what he was told to do. criminal content or criminal

negligence," Thompson said.
"But it keeps getting brought up," the attorney replied. "There is this insinuation. I understand that's your job. You have to look into that for your constituents, but at the end of the day, he's been transparent with everybody."

Councilwoman Terri Rose stated that Swaggerty's position officer to him, if he would like was eliminated to bring in a company to take care of code enforcement among other things.

"He was removed from that without going to city council," Rose said. "Not only that, we have an attorney sitting here that is being paid for, that the city council didn't agree on. Nobody has said anything about bringing charges up against Jeff through that we didn't need an attorney. We didn't need this thing 'no council met to agree or disagree. That is why I say that he should actually convenience him, back paid for his time of harassment and his attorney paid for."

Rose asked who can contact the city attorney and Garner responded that all council members are able to contact our city attorney, if needed.

When Rose asked what gives the mayor the right to enlist the (SRA) rules. services of the city attorney, he stated that the mayor is the chief executive officer of the city. The mayor of a city can, under the general laws of the city, hold certain authority including hiring legal counsel.

Rose stated that she believed that direction for the city attorney should have gone through the council to better meet the needs of the city.

As the council began to craft the motion, the attorney for Swaggerty asked that action be taken on the complaint filed by the mayor because he would like his client "to have some peace of mind regarding that."

The city's attorney noted that "We are not here to determine the position of code enforcement officer had been abolished. South stated that "there's never been a code enforcement officer," and Swaggerty assisted in code enforcement "because he is the one certified to do it and how to do it correctly."

The council approved the motion to dismiss the complaint against Swaggerty and to offer the position of code enforcement the position after consulting with his attorneys.

Council members unanimously approved the motion to table the discussion on setting the guidelines and job description for code enforcement officer until a special workshop. They tabled the discussion of raises for the city's police department until the workshop to determine the city council. So that means where the extra money would

come from. The council was presented billed'. None of this. This man with text of new laws in the state should not be here. He should of Texas that would conflict with have had his pay continue on as current city ordinances concernhe was doing up until the city ing utility vehicles on city streets. The discussion was tabled to a workshop to revise be reinstated to the hours that the city's ordinances to comply

with state law. Council members tabled the item concerning the new dock in the city park until it could be determined if there was insurance on the structure. Later, they tabled the discussion on the golf course in the park to make sure it met Sabine River Authority

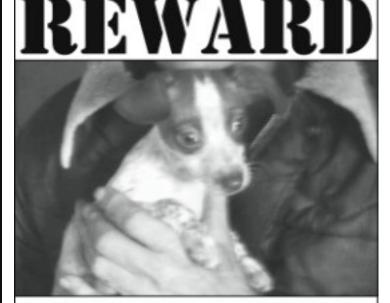
The council approved a motion to keep city hall hours unchanged, for the city to maintain the medians on Club Cir. and Club Park Ct. and the updated schedule for the water department workers.

Calhoun announced that Councilwoman Jana Dandridge had resigned from the council due to family issues.

All council members were present for the regular meeting.

The next regular meeting of the East Tawakoni City Council is scheduled for Tuesday, May 14, at 7:00 p.m in the council chambers of East Tawakoni City

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MY "HEART" WAS LOST DURING THE STORM ON APRIL 9 BETWEEN HIGHWAY 19 & RCR 1153. IF FOUND, CALL 903-275-2521 OR 214-649-2609.

#### **CITY GIRL**

#### By Linda Brendle

North Texas hadn't experienced a total solar eclipse from the perspective we saw on April 8 since 1878, and we won't experience being in the path of



totality again until the year 2317. I don't know about you, but I probably won't be around to see that one.

Total solar eclipses aren't all that unusual.

The events happen every one to three years but are usually only visible from the North or South Pole or from the middle of the ocean. The recent eclipse was notable for its wide path of visibility from Maine straight through Texas and on through Mexico. The longest duration of totality was 4 minutes and 28.13 seconds in Nazas, Durango, but Emory was not far behind with a 4 minutes and 18 seconds.

Expectations were high that this once in a lifetime event would bring an influx of visitors that would overrun the limited resources of our little town. Some thought that would be a good thing - others, not so much. Businesses prepared for larger than normal crowds by expanding hours while schools and other organizations closed to allow families to view the eclipse together. Large parties were planned and parking lots were blocked to keep out unin-

vited campers. Believers' Baptist was somewhere between the two extremes. The vacant acreage to the north of the buildings would have been a prime spot for visitors without reservations at one of the crowded campgrounds. But with the recent rains, it would also have been a prime spot for bogged down vehicles that would create multiple problems. The one entrance to the vacant property was blocked off with a few fence posts, and the boundaries of the paved parking area were clearly marked with yellow tape. However, visitors whose vehicles fit under the

## The Eclipse

entrance arches were invited to view the phenomenon from the parking lot. The church was locked for the day, but port-apotties were provided, and the deacons were put on alert in case they were needed for crowd control or to help with a vehicle that slipped around the barriers and ended up in the mud.

David and I had no particular plans for the day except that I needed to go to Sulphur Springs to have some routine lab tests. Having to fast in preparation is always a good excuse to have breakfast at The Red Barn afterward. Traffic was light, probably due both to the number of people who had the day off and the Texas D.O.T. declaration that truck traffic should stay off the highways on April 8. The doctor's office was busy, but it always is on Monday, and the restaurant was less crowded than usual. The two RV campgrounds we passed on Highway 19 were crowded but not overflowing. We didn't go into downtown Emory since the Senior Center was closed for the day. Instead, we stopped at the house to do some Monday morning chores before going to the church to share the experience with whomever showed up.

Before and after the eclipse, a lot of scientific information and many editorial comments were shared on the internet. Some of the most interesting information came from an article by J. Lee Brady of *CharismaNews.com*. Instead of being chaotic or haphazard as some would claim, he said that the perfect order and synchronicity of the universe allows astronomers to predict cosmic events up to the millisecond. He quoted Eric Sammons, editor of Crisis Magazine, as saying that the sun is about 400 times larger than the moon, but because of their relative distances from the earth, they seem to be the same size during a solar eclipse. This phenomenon is apparently unique to our solar system. The went on to say that the likelihood of such an event happening by chance are infini-

tesimal. Similar comments were made

by others. R.L. Solberg, a theologian from Nashville, Tenn., said "An eclipse is a cosmic reminder that the universe is not a random collection of matter and events that happened by chance...the universe is not an accident, and neither are we." And Charles Petit, a friend and fellow BBC member posted this. "The total eclipse was awesome, the total blackness of the moon was a sight in itself, trying to cover the light. However, the tiniest amount of light cannot be squelched by darkness or the

When David and I arrived at the church, we were surprised to see the parking lot empty except for Pastor Jason and Lissa, the church Ministry Assistant. We grabbed folding chairs and our ISO approved glasses and joined them. We watched the moon begin to move in front of the sun, and we oohed and aahed and enjoyed each other's company. I posted a selfie of our small group on our church Facebook page asking where everyone was. Most were in their backyards or with family.

As totality approached, the traffic seemed to get very light. One man in a pickup pulled into the parking lot of Sustaire Plumbing next to the church, jumped out of his truck, took a picture, and took off again. It got darker, and Pastor Jason said he had read that the animals would get quiet during totality. We became aware of an eerie silence, with no dogs barking, no cows, mooing, no birds chirping, no traffic. Actually, it was more of a holy silence. A few stars became visible, and we all removed our glasses and stared in awe at the "Ring of Fire" around the moon. Pastor Jason began to quote scripture.

Psalm 19:1, The heavens declare the glory of God, and the sky above proclaims his handiwork.

Linda Brendle writes a weekly column for Believers' Baptist Church. She is a published author and also writes about caregiving, faith, and family on her blog at http://www.LifeAfter Caregiving.WordPress.com. You can eat http://www.LifeAfter mail her at LindaBrendle@yahoo.com.

### Toxic Brain Buildup & the Science of Sleep

"The best bridge between best get it? If plagued with despair and hope is a good night's sleep.'

E. Joseph Cossman

that is not a

Poor sleep causes toxic brain buildup, and



good thing. Toxic brain buildup is pro-

JODY DYER

duced during our bodies' cellular metabolism. This waste includes lactic acid, urea.

ammonia, carbon dioxide and water. To stay healthy, our bodies, and especially our brains, need to eliminate this waste. If not removed, it can build up and lead to mental stress and even disease. But how does your brain cleanse itself of this waste? Your brain cleanses itself through deep restorative sleep. Poor inadequate sleep inhibits the brain's cleaning process and leads to toxic metabolic trash buildup.

Dr. John Saito, of the American Academy of Sleep Medicine (AASM), compares the brain's cleaning cycle to the work of a washing machine. If you put a load of dirty clothes into a washing machine, and the machine completes a full and normal cycle, your clothes should come out clean. But if the cycle is interrupted or stopped early, your clothes may remain dirty. The same thing can happen in your brain with interrupted or poor sleep. If your sleep cycle is disturbed in any way (for example – your dog wakes you up repeatedly or you have to get up to pee every half hour) and you are unable to sleep well, your brain cannot adequately "wash away" the metabolic trash that has accumulated.

So, if deep restorative sleep is critical to our health and mental wellbeing, how do we

insomnia, what can we do to foster good sleep? Here are a few tips...

The start of a good night's sleep begins during the day. In order to properly "set" our circadian rhythm and prepare our bodies for sleep at night, it is best to have some exposure to morning light. Early morning light is preferable (approx. the first two hours after sunrise). Get morning light, sleep better

at night. Moderate exercise promotes good sleep. Exercise is stimulating so be sure to exercise earlier in the day and not too close to bedtime.

Coffee and tea drinkers be aware that caffeine is a stimulant and can keep you awake. A good rule of thumb is to consume all caffeinated drinks by midday and avoid in the afternoon. Nicotine is also a stimulant, so refrain from use near bedtime, if possible.

It is also a good idea to avoid eating close to bedtime. Sleep experts (the talking heads with the clipboards) recommend eating two to four hours before bed for your best rest.

A cool room and colder environment foster good sleep. The ideal sleeping temperature is estimated to be 65 degrees Fahrenheit. Of course, adjust this to your preference.

Speaking of temperature, reducing your body's core temperature will also help you sleep. A hot shower or bath before bed is a good way to do this. Hot water increases blood flow to your skin and away from your internal organs. Reduced core temp prepares your body for sleep. Some say wearing socks to bed helps as

Here's another thing. A good mattress matters. Recently, my wife and I purchased a new mattress. It is unbelievably comfortable, and with that com-

fort has come improved sleep. Now, when forced to sleep elsewhere, I miss our awesome mattress and feel like I'm sleeping on a piece of plywood in

the back of my truck. A dark room will help you sleep better. Unplug your nightlights and cover those pesky little blue lights that pop up on every appliance and device you have.

Most importantly, minimize screen time close to bed. This is perhaps the one thing that compromises our sleep the most. Exposing your eyes to the blue light of your phone's screen messes with your circadian clock and affects your sleep every time you do it. If you could do one thing to improve the quality of your sleep, this is probably it.

There are many other things you can do to improve your sleep. Natural supplements are widely available now that help many. Some folks use white noise or a fan to help them better relax. An evening routine is helpful, as is a definite sleep schedule.

My favorite habit to promote sleep is reading in bed, with a real book (not using my phone). For bedtime reading, it is said that fiction is preferable. Nonfiction can be more stimulating (your mind is learning as you read non-fiction, so this may keep you awake). Fictional stories are supposed to be more relaxing and conducive to sleep, and I have found this to be true.

Have a good sleep and clean your brain tonight. You'll feel better in the morning.

JODY DYER is a columnist, author, and former teacher. Described by some as a Renaissance man, he is a baseball fan, coffee roaster, and accomplished feral hog trapper. He likes to read, appreciates the outdoors, and is good with dogs and children. He is the father of three, and lives with his wife in Texas.

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#### SPOTLIGHT

#### Continued from page 1

our room because of flooding overcome our fears. from the sewer lines so we hauled our mattresses out on members who help with the deck where it was cold at night. Shoppe and who are involved in We started a Bible study group volunteering and working in and made new friends. The U.S. other businesses. Shaw volun-Coast Guard did come and help

didn't have strong enough cables been in the situation for five to tow us to a port. We ate days. Carnival compensated us cucumbers, boxes of cereal and for our trip, and anything bought wrapped snacks from the gift in the gift store. We also received store plus some treats that Mom a free Carnival cruise which we had packed. We couldn't sleep in took advantage of later to help

Shaw is proud teered last year at the Good us get towed to port after we had Samaritans in Emory, and her

son still volunteers there. Her daughter runs a couple of businesses including one in Dallas where wind restrictors are manufactured. Shaw also helps in that business. In addition to two grown children, she has two grandchildren Wyatt and Braley, who help "run" the children's area of the Shoppe giving fashion advice and testing toys.

"Bee's Shoppe" is Thursday, Friday and Saturday from 10:00 a.m. to 6:00 p.m. "We're just happy to 'Bee' right here at home in Point," said

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41 Ruth of 1950 film

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# Sheriff's Report

The Rains County Sheriff's old female possibly having a Office took the following reports of activity during the week of April 8-14:



Arrests

**4-10:** Teresa Williams, Emory. Possession of a controlled substance PG 1 greater than 1 gr. less than 4 \$30,000 cash/surety

**4-11:** David Taylor, Point. Possession of a controlled substance PG 1 greater than 1 gr. less than 4gr., \$30,000 cash/ surety bond.

4-14: Jonathan Ansley, Emory. Driving while intoxicated BAC greater than 0.15, bond unknown.

**4-14:** Sara Bracewell, Emory. Bond forfeiture/drug offense, \$500,000 cash/surety bond.

#### Calls

**4-8:** Hwy. 69 Livestock in the roadway; FM 513 in Hunt County Deputy assisting Hunt County looking for a suspect; FM 2795 Medical assist 65-yearold female feels like her body is going to sleep; CR 3202 People burning treated wood off a camper; CR 1470 15-year-old female ran away; Hwy. 69 Deputy out on a motorist assist; CR 1490 Neighbor's dogs are chasing and attacking their donkey; CR 3200 Deputy out with people on private property; FM 47 Medical assist 62-year-

stroke; Mohawk Tr. Small fire at the end of the road; CR 3411 Tree on female's property just caught on fire; CR 1280 Medical assist female states her son is having chest pain and is in heart failure; Hwy. 276 Two-vehicle accident, unknown injuries; Hwy. 276 in front of Dollar General Two-vehicle accident, injuries, unknown minors involved; Public service by phone male would like to speak to a deputy in regards to a criminal trespass warning he was issued; N First St. Incident; CR 2610 Culvert collapsed; CR 4710 Male calling back in regard to a wrecked vehicle on FM 514; CR 3202 Caller states that there is a camper still in the roadway and partially on his property; CŘ 4252 Medical assist female has heart failure, and is having a hard time breathing; S 1st St. Point PD out with a dog at large; CR 2420 Bridge slowly collapsing; Sandy Creek Park 14-year-old male was being inappropriate with a 12-year-old female; Hwy. 69 Female is trying to leave the property but states her husband won't let her; CR 2340 Medical assist male with chest pain.

**4-9:** CR 1520 Medical assist female has chest pain and her heart is racing; CR 1470 Medical assist 63-year-old female with stomach pains; Braziel Bay Boat caught on fire from a burn pile that re lit; Hwy. 69 Deputy out on a follow up; FM 2946 Identity theft report; PR 7707 Medical assist 63-year-old female having hard time breathing; a hard unic order Whataburger Runaway teen may

be there; North St. Paper service; Dr. Deputy out on a paper CR 1295 Fire at a possibly service; Skyview Ln. Medical abandoned property; Club Park Court Paper service E Lennon Dr. Medical assist patient having a seizure; Katy Dr. Emory PD Motorist assist; FM 779 Lift assist, COVID positive; CR 3220 Male would like to know how to get his property back; Sheriff's Office (SO) Deputy out on a follow up; SO Fraud report; CR 2220 Livestock in the roadway; Skyline Dr. Male will not leave caller's property; PR 5449 Two vehicles sitting at the end of the road and have been there for a while; Honeysuckle Ln. Medical assist 42-year-old female is having a hard time breathing and has not been able to eat for four days; FM 2324 Reckless driver all over the roadway; PR 5111 Medical assist 31-year-old male bleeding from somewhere.

**4-10:** E Lennon Alarm call; SO Female trying to reach the school police to make her son go to school; PR 5501 Medication and other items are missing; Hwy. 69 Someone broke into the substation and stole a bunch of items; Westside Dr. Deputy out on a paper service; Hwy. 69 Deputy out on a paper service; W Lennon Dr. Deputy out on a paper service; Smith Cir. Pit bulls running loose; Smith Cir. Point PD out on a follow up; Barge Point Landing Medical assist person is having a hard time breathing; CR 1330 Medical assist 90-year-old female in bad health; E Lennon Dr. Truck almost hit the caller and an ambulance; CR 3220 Deputy out on a paper service; W Lennon

assist 59-year-old male having a hard time breathing with low O2 rate; CR 3202 Report of a bunch of crack heads in the area tearing

**4-11:** Hwy. 69 Deputy out on security check; Hwy. 69 Deputy out on a paper service; Forbis St. Deputy out on a paper service; Hillside Dr. Information; CR 3332 Lift assist; CR 4250 Possible sick skunk; CR 3425 School officer out at this address; CR 3333 Deputy out on a paper service; Wells St. 911 hangup; Lakefair Dr. Medical assist 70-year-old brother needs to go to the emergency room; Hwy. 276 Alarm call; CR 1412 Male states he has an emergency protective order and has some questions; CR 3325 Caller has questions about traffic laws; Kenny's Landing Deputy out on a paper service; Hwy. 275 about half a mile from FM 514 Vehicle fire; CR 3330 EMS wants deputy to secure the scene; FM 275 Request to have someone criminally trespassed from the property; FM 275 Caller would like to speak to a deputy about something that happened to their child at school; CR 4250 Caller believes a 20-year-old male has overdosed and has given him Narcan; PR 5450 Medical assist female is having a seizure; Airport Rd. Drunk male walking down the street; CR 1275 17-year-old male is refusing to

come home. 4-12: N Texas St. Emory PD out on a motorist assist; Hwy. 69 Fire alarm; Hwy. 19N Livestock in the roadway; CR 3030 Female states someone broke into her home and some clothes are missing; Hwy. 69 Reckless driver; Hwy. 69 Livestock in the roadway; Hwy. 69 Livestock in the roadway; Hwy. 276 18wheeler ran a stop sign at a high rate of speed; FM 47 Attempted warrant service; S Texas St. Caller states it is against city ordinance to sell animals without a permit; SO EMS coming to check on a deputy; Hwy. 19N Reckless driver; SO Male would

Visit us online at: rainscountyleader.com like to speak to a deputy in woman needs help with a mouse reference to a theft case; FM 275 Information Phoenix, Arizona Missing juvenile has been located; Deputy on the phone with a follow up; SO Deputy on a follow up; CR 3202 Deputy out on a follow up; SO Female would like to speak with a deputy about a case; CR 1540 Deputy out on a paper service; CR 1475 attempted warrant service S Texas St. Welfare check on an elderly female with dementia that is standing near the woods; CR 3347 Livestock in the roadway; SO Female has information regarding a runaway juvenile; Hwy. 19S 911 hang up.

**4-13:** CR 2160 41-year-old male having suicidal thoughts; CR 3202 Neighbor is burning paint cans that are exploding; Hwy. 19S Alarm call FM 514 Livestock in the roadway; SO Deputy on a follow up; CR 3200 Deputy on a follow up; Wells St. Welfare check on 88-year-old male has not been heard from since Thursday; Club Court Park Deputy out on a paper service; CR 1530 911 hang up; Hwy. 276 reckless driver; CR 2110 reckless driver; Deceased male; Skyline Dr. Someone broke in and made a mess of the house; S Texas St. iPhone notification of a wreck; CR 3412 Female states that she bought a car and the people she bought it from never put it in their name; CR 1503 Reckless driver; PR 7200 Child custody issue; CR 3345 Medical assist 19-month-old who has asthma has been exposed to COVID and

has a low-grade temperature. FM 275 Medical a 4-14: S Texas St. Elderly just had a seizure.

trap; PR 5450 Medical assist 55-year-old female having a seizure; CR 3200 Horse near the roadway; CR 2120 Male states someone broke into his home while he was gone, injured his dog and destroyed his home; FM 275 Male states his ex bought him a phone and she wants it back; Hwy. 69 Medical assist 30-year-old female's left side of her face numb; CR 3319 Reckless teen driving recklessly and hanging out the window; PR 7707 Deputy out on a follow up; E Lennon Dr. One-vehicle accident unknown injuries; Rustic Oaks RV Park Deputy assisting Hunt County in finding an individual; FM 515 Incident; W Lennon Dr. Possible location of wanted person; CR 1140 Female states her 4-year-old daughter is with her dad and called stating she could not wake him up, welfare check requested; Airport Rd. One vehicle accident in the creek; Unknown location caller would like to know how to get his vehicle back that was towed; FM 515 Brush pile spreading a few hundred yards; CR 3200 Male would like a welfare check on his wife; West Tawakoni headed to FM 47 Possible location of wanted subject; CR 2300 Male riding around on a bike with a flashlight; FM 2946 Female states she leased a car out and would like help getting it back since two payments have been missed; CR 1540 Female is beating on neighbors truck and RV; CR 1540 Possible assault;

FM 275 Medical assist someone

#### **TEXAS A&M AGRILIFE EXTENSION SERVICES** Controlling Sage Grass

Broomsedge bluestem, or ness of addressing nutrient 'sage grass," can indeed be a persistent challenge in pastures,



bronze-like straw appearance. Understanding its characteristics and employing appropriate management strate-

gies is key to controlling its spread and promoting healthier pasture ecosys-

It's interesting how broomsedge thrives in conditions of low fertility or pH and exhibits allelopathic behavior, inhibiting the growth of other plants. This underscores the importance of addressing soil deficiencies and implementing proper grazing management practices.

The findings from the 1936 study at the TN Ag Experiment Station highlight the effective-

deficiencies and implementing intensive grazing to reduce broomsedge populations. They found that the addition of needed nitrogen, phosphorus, and potassium coupled with reg-

ular defoliation through intensive early grazing created competition from desirable grasses and reduced a 90 percent ground cover broomsedge stand to less than 5 percent cover within four years. Similar approaches have been successful in subsequent studies, emphasizing the importance of competition from desirable grass species in suppress-

ing broomsedge growth. For introduced pastures like bermudagrass, soil testing is crucial in identifying nutrient deficiencies, and correcting these deficiencies can help in controlling broomsedge. Intensive grazing early in the year, when broomsedge is more palatable to animals, can further weaken its dominance. Rotational stocking can also be employed to encourage grazing of broomsedge during its more

palatable stages.

Managing broomsedge in native range sites presents its own challenges, as native grasses may not respond as efficiently to fertilization. Cultural practices such as controlled burns and grazing management become crucial tools. Resting the stand after intensive grazing allows desirable native grasses to recover and compete more effectively with broomsedge. Additionally, fall prescribed burns can help reduce broomsedge stands by stressing the plants and burning remaining seeds.

Overall, addressing soil fertility, implementing proper grazing management techniques, and utilizing cultural practices like prescribed durns are essential for controlling broomsedge and promoting the growth of desirable forage species. Broomsedge serves as a valuable indicator of improper management, prompting necessary

adjustments to maintain healthy

pasture ecosystems.



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#### Believer's Baptist Church

#### By Linda Brendle

unhappy business that God has given to the immediately after Morning Worship. children of man to be busy with.

Ecclesiastes 1:13 The second sermon in the "Life After Eden" series from Ecclesiastes was titled "In Search of an Answer." Solomon recorded his personal search for the meaning of life, a search that required him to apply his wisdom and to use his vast resources. He tried personal pleasure, entertainment, personal achievement, attaining possessions and women, but none of these things brought him to the true meaning of life. But God gives us meaning in who we are in His son.

Next Sunday the Church Connection Fellow-And I applied my heart to seek and to search out ship potluck lunch for families whose last names by wisdom all that is done under heaven. It is an begin with H-L will meet in the Fellowship Hall

> The Church Praying will meet on Wednesday, April 24 at 6:30 p.m. in the Fellowship Hall.

> The regular Members' Meeting will be held april 28 at 6:30 p.m. in the Sanctuary.

Mark Your Calendar for the Student Ministry World Changers to be held June 10-15; Pre-teen Camp will be June 27-29; and Family VBS will be

The Asking for a Friend podcast Episode #185 is titled "What is Congregationalism?" with guest Michael Lawrence. The link is available at www.bbcemory.org.

#### Bright Star Baptist Church

#### By Glenda Galyean

And Jesus, immediately knowing in himself that virtue had gone out of him, turned him about in the press, and said, Who touched my clothes?

Mark 5:30 Last Wednesday evening we had a wonderful service. Glenda Galyean sang a special before Pastor Andrew Grills' amazing message from Psalms titled, "Forget Not All His Benefits."

Our Sunday morning service was great! We are always excited to welcome our visitors and members. Following our congregational singing, our hearts were blessed by Chris (guitar) and Ashley (mandolin) Hass singing a beautiful song. Then young Ella Hass sang two songs accompanying herself on the ukulele. The first one she wrote herself. She did such a good job and blessed us

immensely. Bro. Andrew's powerful message was from Mark titled, "The Lady's Dilemma and Jarius' Faith." We were excited to welcome a new family into our membership.

The next Youth Night is Friday, April 26. The youth are really getting excited! The next ladies meeting is April 28. Mother's Day is coming up pretty soon. What will you do special for your

Our revival will be May 13-16. Bro. Jimbo Seaton will be the preacher.

Jesus' death and resurrection completed the plan of salvation. This gift is available to all who will accept it. Join us Sunday as we worship and celebrate our Lord and Savior, Jesus Christ, who paid the ultimate price so that we can be saved.

Enjoy your family, and have a safe week.

#### Country Baptist Church

#### By Donna Jones

What an awesome spring day to meet with our church family, and hear the message from the

Services began with Joel Frazier and Donna Boughton leading a song and prayer of dismissal to our classes. The young people had a lesson on John the Baptist baptizing Jesus and the Holy

Spirit descending upon Jesus like a dove.

The adult class was led by Donna Boughton. They studied "What Do You Do with Long Delays?" Worship was led by Joel Frazier and Donna Boughton. Following the opening song, several were lifted up on the prayer list.

Bro. Mike Frazier announced next Sunday April

21 will be our next all singing, praise and testimony service. Lunch will follow in the fellowship hall.

Following several more songs, our special music was brought by Jameson Frazier and Courtney Frazier. What a thrill it is to see the kids wanting to stand up and sing for the Lord. The message from Bro. Mike Frazier continued in I Timothy 1:19.

Everyone is invited to come and worship with us at the Country Church in Point. Sunday School

is at 10:00 a.m. and worship is at 11:00 a.m. God loves you and wants you to come to him just as you are.

Have a great week.

#### Emory Baptist Church

#### By Ronnie Witt

On Sunday morning, the KidzPraize children helped lead worship on stage with songs they have been preparing on Wednesday nights. Then, they sang a worship special titled "By Faith." Bro. Richard Piles shared a message from Luke called "The Big XII." It concerned the appointment of the 12 disciples. Following Jesus' example, believers need to pray, follow Christ, and live with sincerity because the Lord knows our hearts. At the hall. conclusion of the morning service, EBC observed Richard shared a message from Haggai titled "God's Chosen Zerubbabel."

It was a busy week around EBC's campus. Women on Mission met on Monday in the Bride's at 5:45 p.m. for anyone who wants a ride.

Room to discuss and pray for missionaries and missions around the United States and world. The Intentional Christian Grand-parenting group met on Monday night to discuss ways grandparents can help build character in their grandchildren. T.E.L. met on Tuesday at noon in the fellowship hall to discuss upcoming ministry and fellowship opportunities. Family Fun Night is scheduled for Saturday, April 20, at 5:30 p.m. in the fellowship

Looking ahead to next week, the HBA Vacation the Lord's Supper together. In the evening, Bro Bible School Clinic is Monday, April 22, from 6:30 p.m to 8:30 p.m. at Park Street Baptist Church in Greenville. Everyone interested in helping with VBS is encouraged to attend. EBC will take a van

#### **Emory Methodist Church**

#### By Mary White

Create in me a pure heart, O God, and renew a steadfast spirit within me.

Psalms 51:10

Rev. David Banks continued his series on "The Blueprint of Grace: Repentance & Contrition" with scripture text taken from II Samuel 12. The message continues from last week. We talked about Prevenient Grace, or the Grace that is upon us before we even know it. It is that irresistible pull to seek Him out. As we draw closer to God we are

confronted with who we are: Imperfect, but loved.

We are also faced with a sense of inequality God gives us everything, but what can we offer God?

If repentance means being sorry, and confession means actually owning and admitting your fault, contrition is what you do after confessing your sins or brokenness. This is what we can offer to God. The sorrow for getting caught doing wrong. The Lord will never reject the contrite heart that rests in Jesus for pardon.

May the life we lead reflect the Grace you offer

## Obituaries<sup>-</sup>

#### Patricia Ann Colvalt Green

1944 - 2024

Mrs. Patricia Ann Covalt Green, 80, of Alba, died on April 9, 2024, in Tyler. She was born on March 2, 1944, in Woodward, Oklahoma, to Kenneth and Jewell Lazell Waldroop Covalt. She married Roger Lee Green on April 4, 1961, in Clovis, New Mexico.

Mrs. Green lived in Alba since 1994 and was a member of the Church of Christ. She loved gardening and fishing.

She also enjoyed crocheting, quilting and cooking. She is survived by son, Bartlett Green and wife

and husband Donald of Alba; six grandchildren, Justin Kenneth Green, Tiffany Shyann Fierro, Dillon Lee Green, William Preston Green, Lacie Marie Stewart, and Amanda Jean Stewart; and numerous nieces, nephews, other relatives and friends.

She was preceded in death by her parents; husband of 58 years; brother, Tommy Covalt; and sister, Paula Jean

Covalt Hood.

A memorial service for Patricia will be Jennifer of Hawkins; daughter, Kathryn Stewart scheduled by the church and family at a later date.

#### Billie D. Northcut

1933 - 2024

Celebration of Life Graveside Services for Billie D. Northcut, 91, were held on April 13, 2024, in the Abernathy Cemetery, in Abernathy. Mark Meurer led the service at the graveside. Serving as pallbearers were James Steele, Dustin Hendon, Brandon Northcutt, Tom Sooter, Jerry Coalson and Justin Hanson. Honorary pallbearers were Patricia Wordell, Shawna Lewis and Lindsay Northcut.

Mr. Northcut died on April 7, 2024, in Lubbock. He was born on February 8, 1933, in Emory, to John Dero and Lenah Beatrice Taylor Northcut.

He was the oldest of four children and grew up in Dallas where he attended school and graduated from Sunset High School in 1951. He married Billie Frances Coalson in Dallas on July 25, 1952, and they were married almost 69 years. They had

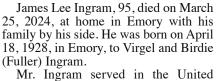
two daughters and one son.

He is survived by his daughters, Melinda Carol Northcut Steele and husband Don, and Brenda Kay Northcut Price; son, William Dean Northcut and wife Deana; seven grandchildren, James Daniel Steele and wife Mindy, Jeffery Paul Steele and wife Melody, Patricia Shannon Wordell and partner Cari Davis, Shawna Lea Lewis, Dustin Dean Hendon and wife Bobbie, Brandon Eric Northcut and wife Cate, and Lindsay Michelle Northcut and fiancé Justin Henson; great-grandson, Luke Anthony Northcut; brother, John D. Northcut and wife Jocelyne; sister, Joe Ann Northcut McIver; and numerous nieces and nephews.

He was preceded in death by his wife; his parents; and sister, Mary Beth Sooter.

#### James Lee Ingram

1928 - 2024



States Navy in World War II. He received an honorary diploma from Rains ISD for the Class of 1946. The honorary diploma was awarded to many

of the veterans from Rains County who had to "Joan" leave school to join the military. Mr. Ingram and cutt. his wife spent a lot of time working with veterans in Rains County. He is survived by his wife of 68 years, Iva Lou

(Melton); daughters, Dixie Cress, Linda Gambrill,

He was preceded in death by his parents; brother, Orval Ingram; sons-inlaw, David Northcutt, David Lively and David Stafford; daughter-in-law, Mylee

Sondra Northcutt, Janice Lively, Patricia

Stafford and Valencia Berg; sons, Don

Ingram and Jimmy Ingram; 23 grand-

children; 35 great-grandchildren; four

great-great-grandchildren and one on the

Ingram; and great-grandson, Jack North-

Mr. Ingram will be cremated and his cremains will be interred at Dunbar Cemetery in Emory. A private family memorial will be held on April 28, 2024 at 2:00.

# T Church Directory

#### Everyone is welcome at

#### **Bright Star Baptist Church**

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**Pastor Keith Prather** www.pilgrimsrestbaptistchurch.org

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Richard Kellam www.pointchurchofchrist.org

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Rev. Michael Ledesma 551 East FM 2795 903-473-5116 Visit stjohnemory.org for



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#### Freedom **Church of God** 10830 FM 514

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Sunday Morning Worship 10:00 a.m. Sunday Evening Worship 6:00 p.m. 7:00 p.m. Wed, Bible Study emorychurchofchrist.or

#### **FIRST BAPTIST** Point, TX

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Dr. Richard D. Piles—Pastor **Chris Henderson**—Minister of Music & Sr. Adults

Ronnie Witt— Minister of Youth & Education **Sunday** Wednesday

Sunday Morning **Small Groups** Morning Worship

9:15am 10:30am Evening Worship 6:30 pm

Wed. Worship (Adults, Youth, Children) **Choir Practice** 

6:30pm 6:30pm Sunday School MorningWorship ...... 10:30 a.m. Dr. Jason Rolen — Pastor

Sunday

Believers'

**Baptist Church** 

Jerod Haygood — Student & Family Pastor Duffey Henderson — Music & Media Minister 903-474-0027 www.bbcemory.org

Wednesday

Adult Bible Study

Student Ministry ...... 6:30 p.m.

903-473-2653 to have your church placed in this directory

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#### **LEGAL NOTICE**

#### **NOTICE TO CREDITORS** IN THE ESTATE OF DAVID CHRISTIAN GAISER, DECEASED

Notice is hereby given that original Letters Testamentary for the ESTATE OF DAVID CHRISTIAN GAISER, DECEASED, Deceased, were issued on March 27, 2024, under Docket No. 3281, pending in the County Court of Rains County, Texas, to SHERRI DALE GAISER.

Claims may be presented in care of the attorney for the Estate, addressed as follows:

c/o: Philip D. Alexander **Number One Planters Street** P.O. Box 38 Emory, Texas 75440

All persons having claims against this Estate, which is currently being administered, are required to present them within the time and in the manner prescribed by law.

DATED March 27, 2024

CURTIS & ALEXANDER, P.C. Attorneys at Law Number One Planters Street P.O. Box 38 Emory, Texas 75440 Telephone: 903-473-2297 Facsimile: 903-473-3069 E-Mail: philip@curtisalexander.net Philip D. Alexander State Bar No. 00786967 ATTORNEYS FOR APPLICANT

#### **NOTICE TO CREDITORS** IN THE ESTATE OF FRANK BENNETT JOHNSON, DECEASED

Notice is hereby given that original Letters Testamentary for the ESTATE OF FRANK BENNETT JOHNSON, DECEASED, were issued on March 27, 2024, under Docket No. 3282, pending in the County Court of Rains County, Texas, to RANDALL BENNETT JOHNSON.

Claims may be presented in care of the attorney for the Estate, addressed as follows:

c/o: Philip D. Alexander Attorney at Law **Number One Planters Street** P.O. Box 38 Emory, Texas 75440

All persons having claims against this Estate. which is currently being administered, are required to present them within the time and in the manner prescribed by law.

DATED March 27, 2024

CURTIS & ALEXANDER, P.C. Attorneys at Law Number One Planters Street P.O. Box 38 Emory, Texas 75440 Telephone: 903-473-2297 Facsimile: 903-473-3069 E-Mail: philip@curtisalexander.net Philip D. Alexander State Bar No. 00786967 ATTORNEYS FOR APPLICANT

#### **NOTICE TO CREDITORS** IN THE ESTATE OF **JAMES CARL JONES, DECEASED**

Notice is hereby given that original Letters of Administration for the Estate of James Carl Jones, Deceased, were issued on March 27, 2024, under Docket No. 3272, pending in the County Court of Rains County, Texas, to Sandra Kay Jones.

Claims may be presented in care of the attorney for the Estate, addressed as follows:

c/o: Philip D. Alexander Attorney at Law **Number One Planters Street** P.O. Box 38 Emory, Texas 75440

All persons having claims against this Estate, which is currently being administered, are required to present them within the time and in the manner prescribed by law.

**DATED** 3/27/2024

CURTIS & ALEXANDER, P.C. Attorneys at Law Number One Planters Street P.O. Box 38 Emory, Texas 75440 Telephone: 903-473-2297 Facsimile: 903-473-3069 E-Mail: philip@curtisalexander.net Philip D. Alexander State Bar No. 00786967 ATTORNEYS FOR APPLICANT

#### **NOTICE TO CREDITORS** IN THE ESTATE OF LENNIS DEAN KEARNEY, DECEASED

Notice is hereby given that original Letters Testamentary for the Estate of Lennis Dean Kearney, Deceased, were issued on March 27, 2024, under Docket No. 3284, pending in the County Court of Rains County, Texas, to Jakoby Dean Kearney.

Claims may be presented as follows:

Representative, Estate of Lennis Dean Kearney, Deceased c/o: Philip D. Alexander Number One Planters Street P.O. Box 38

Emory, Texas 75440

All persons having claims against this estate, which is currently being administered, are required to present them within the time and in the manner prescribed by law.

DATED March 27, 2024

CURTIS & ALEXANDER, P.C. Attorneys at Law Number One Planters Street P.O. Box 38 Emory, Texas 75440 Telephone: 903-473-2297 Facsimile: 903-473-3069 E-Mail: philip@curtisalexander.net Philip D. Alexander State Bar No. 00786967 ATTORNEYS FOR APPLICANT

#### **PUBLIC NOTICE NOTICE TO ALL PERSONS BUYING** PROPERTY IN THE VICINITY OF THE SHIRLEY WATER SUPPLY CORP.

Shirley Water Supply Corp. urges any prospective buyer to verify with the manager at the office, located on FM 1567, east of Hwy. 19, north of Emory, Tex., or south of Sulphur Springs, Tex., whether or not water is available at the tract of land in question.

> Shirley Water Supply Corp. 6684 FM 1567W Sulphur Springs, Texas 75482

#### NOTICE BY PUBLICATION FOR VEHICLE OWNER OR LIENHOLDER

S&S Custom gooseneck cattle trailer approx. 30 foot, white \$1,919.14. John Deere mower X350, green \$1,178.13. Total charges are as of 4/18/2024 with charges accruing daily.

In storage at: H&F Wrecker Inc. 3138 RS CR 1402 Point, TX 75472.

This vehicle must be claimed within 30 days of this notice and the charges paid in full. Failure of the owner or lienholder to pay all towing, preservation, notification and storage fees and reclaim this vehicle before the 30th day is a waiver by that person of all right, title and interest in the vehicle and personal property; and constitutes a consent to the sale of the vehicle at public sale.

(903) 447-3111 VSF# 0651725VSF WWW.TDLR.TEXAS.GOV

#### NOTICE TO CREDITORS IN THE ESTATE OF SALLY FAYE STUART, DECEASED

Notice is hereby given that original Letters Testamentary for the Estate of Sally Faye Stuart, Deceased, were issued on March 27, 2024, under Docket No. 3275, pending in the County Court of Rains County, Texas, to Gary M. Stuart.

Claims may be presented in care of the attorney for the Estate, addressed as follows:

c/o: Philip D. Alexander Attorney at Law **Number One Planters Street** P.O. Box 38 Emory, Texas 75440

All persons having claims against this Estate, which is currently being administered, are required to present them within the time and in the manner prescribed by law.

**DATED** March 27, /2024

**CURTIS & ALEXANDER, P.C.** Attorneys at Law Number One Planters Street P.O. Box 38 Emory, Texas 75440 Telephone: 903-473-2297 Facsimile: 903-473-3069 E-Mail: philip@curtisalexander.net Philip D. Alexander State Bar No. 00786967 ATTORNEYS FOR APPLICANT

#### NOTICE OF PUBLIC AUCTION

Pursuant to Chapter 59, Texas Property Code, Sky Point Self Storage, located at 376 RSCR 1540, Rains County, Point, Texas will commence a public auction on eBay.com to sell property to satisfy non-payment of lease obligations. Photos of property will be available on or about Monday, April 15, 2024 and the public auction will end on or before 8 PM, Thursday, April 25, 2024. A brief description of contents and photos will be posted on eBay.com under seller "salvagerat" or search term "Sky Point Self Storage." The contents can only be viewed in photos on eBay.com.

Text "eBay info" to 469-577-9001 after noon on April 15<sup>th</sup> for a link to the auctions.

Tenants will have until midnight, April 22, 2024, to satisfy all past due rents and fees to avoid the sale of the property. If tenants fail to satisfy the past due rents and fees, the eBay public auctions will continue and the contents awarded to the highest bidder subject to the terms and conditions posted on eBay.com.

Property being sold includes contents in the space(s) occupied by the tenants listed below, that are subject to this public notice, are as follows:

Kelly Armstrong contents in units 7, 25, and 27

Randy Pyle contents in unit 19

Tonya Lawless contents in unit 22

Brady Scott contents in units 23, 24, 28, and trailer spot 2.

#### **PUBLIC NOTICE**

Project: Justice Center Building Renovations -Rains County

Bid Date and Time: May 20, 2024, 5:00 p.m.

Judge Linda Wallace Rains County Judge Rains County Courthouse

167 E. Quitman St., Suite 102

Emory, Texas 75440

Competitive Bids are requested for the Justice Center Building Renovations of Rains County, Texas. Bids will be received at the Rains County Courthouse until Bid time at which time they will be publicly opened. Competitive Bids shall be submitted in an envelope marked on the outside with the offerer's name, address, and project title Justice Center Building Renovations, Rains County, Texas. Bids must be submitted in sufficient time to be received and time-stamped at the above location of or before the published date and time of May 20, 2024 at 5:00 p.m. To be opened at the regular Commissioners Court scheduled for May 23, 2024 at 10:00 a.m. All interested parties are invited to attend. Bids will be opened publicly and read aloud.

Bidding information may be obtained from the Rains County Judge's office

Rains County reserves the right to reject any or

all bids or parts of bids.

#### **REQUEST FOR QUALIFICATIONS CITY OF EAST TAWAKONI**

The City is soliciting engineering/architectural firm(s) to assist the City of East Tawakoni with one or more Hazard Mitigation Assistance (HMA) grants from the Texas Division of Emergency Management, Texas Water Development Board and/or other sources, including Hazard Mitigation Grant Program, Building Resilient Infrastructure and Communities, and/or Flood Mitigation Assistance. Accordingly, the City seeks to contract with a qualified engineering/ architectural firm(s). Please electronically submit your SOQ in .pdf format via email at grantworks@grantworks.net AND submit 02 copies of your statement of qualifications to the following address: Attn: Heather McClaskey 288 Briggs Blvd, East Tawakoni, TX 75472. Statements of Qualifications must be received by the City no later than 2:00 PM on May 7, 2024, to be considered. The City reserves the right to negotiate with any and all proposers, as per the Texas Professional Services Procurement Act and the Uniform Grant and Contract Management Standards. Minority Business Enterprises, Small Business Enterprises, Women Business Enterprises, and labor surplus area firms are encouraged to submit proposals. The City of East Tawakoni is an Affirmative Action/Equal Opportunity Employer. Servicios de traducción están disponibles por peticion.

# Classified Ads We Accept & VISA ISONE CONTROLLED

#### FOR SALE

#### **REAL ESTATE**

30 ACRES FOR SALE. 469-552-

#### **SALES**

Good Samaritan's Thrift/Clothes store will be open Saturdays in April from 8am - noon. Clothes sale is open Mon.-Wed., 8 am -12 pm, and 1 pm-4 pm. Open 8 am -

HOOTEN'S HARDWARE, LLC Browse our wide selection of RV

#### Parts and Accessories. Hwy. 69N in Emory. 903-473-8788.

YARD SALES ANNUAL Community Spring YARD SALE: Lake Fork Country Club Estates; April 20; 8:00 start; Entrance on Hwy. 2946 = MANY

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RAINS ISD NEEDS: Custodian/ Custodian Substitutes, Bus Drivers/ Substitutes, Food Service Employee/Substitutes, Child Development Center Employee/Substitutes. Salary based on experience. \$320/ month of full-time employee health coverage paid. Apply on-line at https://www.rainsisd.org Employment Opportunity.

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#### HOOTEN'S HARDWARE, LLC

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DODSON AND SONS Painting, drywall, carpentry and more. 903-259-8541. For plumbing needs call Scott Trieb 903-474-4129.

#### DIRT & TRACTOR WORK

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#### LAWN/LANDSCAPE/MOWING

HOOTEN'S LAWN & TREE SERVICE, LLC Tim Hooten

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#### LAWN/LANDSCAPE/MOWING

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> SMITH'S LAWN CARF landscaping, fencing, hedge trimming, weekly/biweekly rat 903-521-8506, free estimates. rates.

Lake Fork Pond Mowing Overgrown pond? Specializing in steep bank mowing. General excavation services. Jon 360-791-2994.

#### TREE SERVICES

HOOTEN'S LAWN & TREE SER-VICE, LLC. Tree trimming/removal. Credit cards, insured. LI0019094. 903-473-8706, 903-474-4402.

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#### **PUBLIC/LEGAL NOTICE**

#### TEXAS COMMISSION ON ENVIRONMENTAL QUALITY



NOTICE OF APPLICATION AND PRELIMINARY DECISION FOR TPDES PERMIT FOR WASTEWATER

#### RENEWAL

#### PERMIT NO. WQ0015374001

APPLICATION AND PRELIMINARY DECISION. Bright Star-Salem Special Utility District, 238 North Osborn Street, Alba, Texas 75410, has applied to the Texas Commission on Environmental Quality (TCEQ) for a renewal of Texas Pollutant Discharge Elimination System (TPDES) Permit No. WQ0015374001 which authorizes the discharge of treated filter backwash effluent from a water treatment plant at a daily average flow not to exceed 35,000 gallons per day. TCEQ received this application on November 14, 2023.

The facility is located at 2124 Farm-to-Market Road 2946, in Rains County, Texas 75440. The treated effluent is discharged to an unnamed tributary, thence to Lake Fork Reservoir in Segment No. 0512 of the Sabine River Basin. The unclassified receiving water use is minimal aquatic life use for the unnamed tributary. The designated uses for Segment No. 0512 are primary contact recreation, public water supply, and high aquatic life use. All determinations are preliminary and subject to additional review and/or revisions. This link to an electronic map of the site or facility's general location is provided as a public courtesy and is not part of the application or notice. For the exact location, refer to the application. https://gisweb.tceq.texas.gov/LocationMapper/?marker=-95.668888.32.878888&level=18

The TCEQ Executive Director has completed the technical review of the application and prepared a draft permit. The draft permit, if approved, would establish the conditions under which the facility must operate. The Executive Director has made a preliminary decision that this permit, if issued, meets all statutory and regulatory requirements. The permit application, Executive Director's preliminary decision, and draft permit are available for viewing and copying at Rains County Public Library, 150 Doris Briggs Parkway, Emory, Texas.

PUBLIC COMMENT / PUBLIC MEETING. You may submit public comments or request a public meeting about this application. The purpose of a public meeting is to provide the opportunity to submit comments or to ask questions about the application. TCEQ holds a public meeting if the Executive Director determines that there is a significant degree of public interest in the application or if requested by a local legislator. A public meeting is not a contested case hearing.

OPPORTUNITY FOR A CONTESTED CASE HEARING. After the deadline for submitting public comments, the Executive Director will consider all timely comments and prepare a response to all relevant and material, or significant public comments. Unless the application is directly referred for a contested case hearing, the response to comments will be mailed to everyone who submitted public comments and to those persons who are on the mailing list for this application. If comments are received, the mailing will also provide instructions for requesting a contested case hearing or reconsideration of the Executive Director's decision. A contested case hearing is a legal proceeding similar to a civil trial in a state district court.

TO REQUEST A CONTESTED CASE HEARING, YOU MUST INCLUDE THE FOLLOWING ITEMS IN YOUR REQUEST: your name, address, phone number; applicant's name and proposed permit number; the location and distance of your property/activities relative to the proposed facility; a specific description of how you would be adversely affected by the facility in a way not common to the general public; a list of all disputed issues of fact that you submit during the comment period; and the statement "[I/we] request a contested case hearing." If the request for contested case hearing is filed on behalf of a group or association, the request must designate the group's representative for receiving future correspondence; identify by name and physical address an individual member of the group who would be adversely affected by the proposed facility or activity; provide the information discussed above regarding the affected member's location and distance from the facility or activity; explain how and why the member would be affected; and explain how the interests the group seeks to protect are relevant to the group's purpose.

Following the close of all applicable comment and request periods, the Executive Director will forward the application and any requests for reconsideration or for a contested case hearing to the TCEQ Commissioners for their consideration at a scheduled Commission meeting.

The Commission may only grant a request for a contested case hearing on issues the requestor submitted in their timely comments that were not subsequently withdrawn. If a hearing is granted, the subject of a hearing will be limited to disputed issues of fact or mixed questions of fact and law relating to relevant and material water quality concerns submitted during the comment period. TCEQ may act on an application to renew a permit for discharge of wastewater without providing an opportunity for a contested case hearing if certain criteria are met.

EXECUTIVE DIRECTOR ACTION. The Executive Director may issue final approval of the application unless a timely contested case hearing request or request for reconsideration is filed. If a timely hearing request or request for reconsideration is filed, the Executive Director will not issue final approval of the permit and will forward the application and request to the TCEQ Commissioners for their consideration at a scheduled Commission meeting.

MAILING LIST. If you submit public comments, a request for a contested case hearing or a reconsideration of the Executive Director's decision, you will be added to the mailing list for this specific application to receive future public notices mailed by the Office of the Chief Clerk. In addition, you may request to be placed on: (1) the permanent mailing list for a specific applicant name and permit number; and/or (2) the mailing list for a specific county. If you wish to be placed on the permanent and/or the county mailing list, clearly specify which list(s) and send your request to TCEQ Office of the Chief Clerk at the address below.

All written public comments and public meeting requests must be submitted to the Office of the Chief Clerk, MC 105, Texas Commission on Environmental Quality, P.O. Box 13087, Austin, TX 78711-3087 or electronically at www.tceq.texas.gov/goto/comment within 30 days from the date of newspaper publication of this notice.

INFORMATION AVAILABLE ONLINE. For details about the status of the application, visit the Commissioners' Integrated Database at <a href="https://www.toeq.texas.gov/goto/cid">www.toeq.texas.gov/goto/cid</a>. Search the database using the permit number for this application, which is provided at the top of this notice.

AGENCY CONTACTS AND INFORMATION. Public comments and requests must be submitted either electronically at www.tceq.texas.gov/goto/comment, or in writing to the Texas Commission on Environmental Quality, Office of the Chief Clerk, MC 105, P.O. Box 13087, Austin, Texas 78711-3087. Any personal information you submit to the TCEQ will become part of the agency's record; this includes email addresses. For more information about this permit application or the permitting process, please call the TCEQ Public Education Program, Toll Free, at 1-800-687-4040 or visit their website at <a href="https://www.tceq.texas.gov/goto/pep">www.tceq.texas.gov/goto/pep</a>. Si desea información en Español, puede llamar al 1-800-687-4040.

Further information may also be obtained from Bright Star-Salem Special Utility District at the address stated above or by calling Mrs. Wanda Gaby, General Manager, at 903-765-2701.

Issuance Date: March 21, 2024

# Sports

#### **RAINS WILDCAT BASEBALL**

## Wildcats sharpen claws with non- Wildcats, Ladies head to region district wins, roll the Mustangs



Rains Wildcat Brayden Juarez (7) prepares to snag the ball off the bounce before making the throw during the game against the Canton Eagles on Friday, April 12, at the Wildcat baseball field.

By CHUCK FITTS Rains County Leader staff

and a victory in the series opener inning scored the winning run in with Chisum.

On Friday, April 12, the Wildcats fell behind early before two-for-four at the plate with scoring six runs in the third and four RBIs and a run scored. seven in the fourth to secure the

Eagles. Senior Shawn Robertson had struck out three batters. two hits in two at-bats, scored three times and notched six district play Tuesday, April 16, against the Edgewood Bulldogs RBIs. Senior Zach Sheppard with 11-0 series opening win on Tuesday, April 23, at Rains

no runs on two hits and struck Paris. out five batters.

The Rains Wildcat baseball Diane Eagles on Saturday, April struck out 10 batters, while team pushed their win streak to 13, and freshman Samuel senior Grant Guidry finished the 13 with two non-district wins Haney's sacrifice hit in the sixth the 7-6 win.

Haney secured the win after 15-3 victory over the Canton he pitched four innings, allowed five hits and three runs and Rains High School.

pitched three innings, allowed over the Chisum Mustangs in High School.

Robertson pitched five The Wildcats played the New innings, allowed one hit and game two-for-three and two

The Rains Wildcat baseball Sheppard finished the game team improves to 9-0 in District

12-3A and 20-4-1 for the season. The Wildcats are scheduled to finish their series with the Mustangs on Friday, April 19, at

The Rains baseball teams will The Wildcats returned to begin their final district series

#### **RAINS LADY CAT SOFTBALL**

# Lady Cats beat Patriots, Mustangs



Leader photo by CHUCK FITTS

Rains Lady Cat Peyton Bryant (10) with solid contact on the pitch from the Lady Patriot during the 4-0 district win against Prairiland on Friday, April 12, at Lady Cat softball field.

By CHUCK FITTS Rains County Leader staff

The Rains Lady Cat softball team are one win away from a perfect record in District 12-3A after wins over Prairiland and Chisum.

The Lady Cats hosted the Lady Patriots on Friday, April less tie with a home run in the fourth, while senior Cambree Oakes clobbered one over the

fence in the sixth inning to seal

the win, 4-0. Oakes pitched seven innings, allowed one hit and struck out batters, while Kilgore finished the game with two hits in three at-bats, two runs and a

Lady Cats traveled to Paris to 12, at Rains High School. Junior take on the Chisum Lady Mus-Presley Kilgore broke the score- tangs. They scored 10 runs in the first inning and rolled to a

15-0 victory. Junior Emma Knight finished day, April 18.

the game three-for-three, with a home run, three RBIs and a run scored.

Oakes pitched only three innings, allowed three hits, no runs while striking out seven

The Rains Lady Cats move to On Tuesday, April 16, the 11-0 in District 12-3A and 24-5-1 for the season.

The Rains Lady Cats will wrap up the regular season with a home game against the Lone Oak Lady Buffaloes on Thurs-



# **RAINS WILDCAT & LADY CAT TRACK**



Leader photo by CHUCK FITTS

Rains Lady Cat Jasey Campbell flies over the hurdle on her way to a bronze medal at the area track and field meet at Wildcat stadium on Thursday, April 11.

By CHUCK FITTS Rains County Leader staff

The Rains Wildcats and Lady Cats had 15 athletes qualify for regional at the Area Track and Field meet held at Wildcat stadium on Thursday, April 11.

Senior Jasey Campbell won the silver medal in high jump, a silver medal in long jump and a bronze medal in 100M Hurdles for the Lady Cats.

gold medal, while senior Amanda Rimby brought home a finish for the Wildcats.

Senior Justin Taylor grabbed bronze medal in the 100M dash for the Wildcats before helping the 4x200M relay to a gold medal and the 4x100M relay to a fourth place finish.

Other Wildcats on the gold medal relay team were senior Manny Mares, senior Joey Casbeer and junior Trinton McKinney. Casbeer, McKinney At the pole vault pit, sopho- and sophomore Taisean Shields more Elizabeth Roan won the were other members of the 4x100M relay team.

The Wildcats 4x400M relay silver medal for the Lady Cats. of Casbeer, Oakes, junior Danny Junior Tylin Oakes qualified for Centeno and junior A.J. Sanders High School.

regional with a fourth place qualified for regional with a fourth place finish

Mares won the bronze in Triple Jump and junior Cody Koch placed fourth in high

Lady Cats winning silver included Shaylee medals Stracener in 1600M run and Lynzee Hague in the 800M run. Freshman Kinzey Wood won

bronze medal in the discus event and fourth place in shot put.

The top four contestants from each event qualified for the Region 2-3A Track & Field meet on Friday, April 19, and Saturday, April 20, at Whitehouse



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